

My jump into a new life

BERLIN
22.-25.05.2024

The Politics of Participation



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Sports career



- I discovered pole vaulting when I was 7 years old
- I turned my hobby and passion into a profession
- I built myself a perfect team



30.07.2015

Path into politics

- use level of awareness
- 2017 candidacy for the Austrian National Council
- 2019 re-election
- spokeswoman for people with disabilities and inclusion for the Austrian People's Party



How to make changes?



- visibility
- find allies
- exchange with the community



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We are better problem solvers